

The future of GenerationPMTO is based on a history of proven success

Our benefits at a glance



GenerationPMTO
Steps to successful parenting

Our model, developed over 5 decades, has been adopted internationally with enthusiasm

Our history of success is based on rigorous clinical trials, which have made GenerationPMTO a world leader in evidence-based family intervention. We train practitioners to help families by strengthening parenting practices. In turn, these effective parenting practices prevent, reduce, and reverse behavior problems in children and youth.

We use a Full Transfer approach to implementation. Put simply, we train practitioners to certification. From the first generation of practitioners we select leaders who build an infrastructure to carry out training, coaching, fidelity checks, and certification within their location. Accomplishing Full Transfer typically takes two to three years. GenerationPMTO supports this process every step of the way.

Our flexible program can address your needs

GenerationPMTO can be delivered in parent groups or to individual families. Individual programs can be provided in person at home, in clinics, or through telehealth delivery. Our programs have been tailored for a wide variety of situations and populations. Examples include families with youngsters experiencing mild to moderate behavior problems, children with severe emotional disturbance, single-mother families, stepfamilies, families living in shelters because of domestic violence or homelessness, immigrant families, military families, trauma-affected families, and birth parents seeking reunification with their children in care.

QUICK FACT:

The first nationwide implementation of GenerationPMTO model began in **1999** in Norway.

QUICK FACT:

In 2003, GenerationPMTO began training practitioners in Michigan; today the program is available in **76%** of the state's community mental health agencies that serve children with severe emotional disturbance.

QUICK FACT:

An independent cost benefit analysis of GenerationPMTO conducted by the Washington State Institute for Public Policy published the following findings:

\$1,234 Benefits minus costs per family

\$36,000 Savings over the life of a child

84% Likelihood program will produce benefits greater than costs

The benefits are wide ranging

GenerationPMTO's core principals apply across contexts and cultures. The positive effects are far reaching and long lasting. For example, in a randomized controlled trial, families continued to experience positive outcomes over a nine-year follow-up period. Benefits included reductions in delinquency, arrests, externalizing behavior, depression, and association with deviant peers. Mothers experienced improvements in income, occupation, and education, as well as reduction in financial stress, depression, and arrests. In another trial, couples reported improved marital satisfaction. In effect, GenerationPMTO helps improve family dynamics and opens doors to healthy new social environments.

The GenerationPMTO difference

What sets us apart? We collaborate with your community to tailor our program for your needs. We train the first generation of practitioners and help you select and train leaders to carry the program forward for subsequent generations. Our approach had proven sustainability of fidelity to our evidence-based model.

QUICK FACT:

Core skills include:

- encouraging positive behavior
- limit setting with mild consequences
- family problem-solving
- positive involvement
- supervision/monitoring
- identifying/regulating emotions
- promoting active communication



Contact GenerationPMTO today to learn more about how we work with the following organizations:

- Public agencies serving the health and human services sector operating with federal / provincial / state or city-wide jurisdiction or covering a large regional scope
- Private healthcare and wellness organizations
- Private foundations serving youth and their families



Find out more by visiting generationpmto.org
or call (541) 485-2711 or email Anna Snider at annas@generationpmto.org